



PURA VIDA SOBER LIVING

Weekly Activity Schedule

PURA VIDA SOBER LIVING is Open to All Males with 48 Hours of Sobriety.
We Do Not Discriminate Based on Housing or Funding Status.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	CLOSED
7:00 AM			Running Group			Volunteer Day	
7:15 AM		H.I.I.T. Class			H.I.I.T. Class		
8:00 AM		Optimal Recovery		Optimal Recovery	Yoga		
9:30 AM	Mixed Martial Arts			Mixed Martial Arts			
10:00 AM						Men's Integrated Recovery Meeting	
12:00 PM						Muay Thai STARTS: 11:15 AM ENDS: 1:15 PM	GYM OPEN 12:00 PM GYM CLOSES 3:00 PM
5:30 PM				Meditation Class		CLOSED	
6:00 PM	"Hugs Not Drugs" Narcotics Anonymous	CLOSED (PRIVATE EVENT)		CLOSED (PRIVATE EVENT)			
6:30 PM			Bible Study & Potluck Dinner		Recovery Meeting		
7:00 PM							"Wrap Up" Narcotics Anonymous
7:30 PM	CLOSED		CLOSED		CLOSED		CLOSED



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Program Information

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* INTAKE*

Scheduled intakes are available MONDAY - FRIDAY..

We are closed for intakes on SATURDAY and SUNDAY .

To schedule an interview::

Admissions

(509) 216-8081

MONDAY - FRIDAY

9:00 AM - 4:00 PM

All clients must visit the main office before arriving at the designated tenant address.

* ADDRESS *

PURA VIDA SOBER LIVING

1804 West Broadway Avenue

Spokane, WA 99201

* CONTACT INFORMATION *

For information about the RECLAIM PROJECT, please email:

info@reclaimprojectnw.org

Visit us online:

reclaimproject.org

* RESOURCES *

SAMHSA National Helpline

Confidential free help, from public health agencies, to find substance abuse treatment and information.

(800) 662-4357